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Connections Support Group Aromatherapy Spring Hills Cherry Hill (User Submitted)

Health & Fitness

Spring Hills Cherry Hill (1450 Marlton Pike)

11-28-2017 06:30pm,

Join us to partake in some aromatherapy fun at Spring Hills Cherry Hill! Aromatherapy is defined by the National Association for Holistic Aromatherapy as "the art and science of utilizing naturally extracted aromatic essences from plants to balance, harmonize and promote the health of the body, mind and spirit." Our Signature Touch Aromatherapy program incorporates specific essential oils and other natural herbs to engage Residents, creating the opportunity for further connection. This program promotes a peaceful environment through sensory stimulation with essential oils. Learn more about the essential oils we utilize and their benefits at this month's Connections Support Group. Together we will make a fun and easy "Aroma Creation." November 30th, 2017 in the Spring Cottage at 6:30 pm. Please RSVP to Francesca by November 20th [fcameli@spring-hills.net](mailto:fcameli@spring-hills.net) or 856-874-7700 for more information!