National Assisted Living Week Event….

PRESCHOOLERS JOINED SENIORS FOR A FAMILY STORYTIME AND CRAFT IN HONOR OF NATIONAL ASSISTED LIVING WEEK AT SPRING HILLS SOMERSET ASSISTED LIVING

Somerset, NJ (September 14, 2017) – At least 10 children in preschool and kindergarten joined the seniors at Spring Hills Somerset Assisted Living on Tuesday, September 12, 2017. They listened intently to Spring Hills Somerset resident John Boucher when he read the story *Mama Do You Love Me* to celebrate National Assisted Living Week (NALW)*.* He even got on the floor with them so they could see all of the pictures close up (photographed above)! This year's NALW theme is *Family is Forever*. *Mama Do You Love Me* tells the story of a child testing the limits of her independence, and a mother who reassuringly proves that a parent's love is unconditional and everlasting. The book is set in Alaska with an Inuit family and many animals who live in Alaska. After the story, the seniors paired up with a child to color pictures that go along with the people and animals in the book and enjoy a snack. The children were visiting from the local KinderCare.

Spring Hills Somerset Assisted Living resident Angie Betchker (right) helps Esther Muigai color a picture of an Inuit person after they both listened to the story *Mama Do You Love Me,* set in Alaska. The event was in celebration of National Assisted Living Week.

Spring Hills Somerset Assisted Living resident Mary Orazi (left) writes Alexander Stano's name on a picture of an Inuit person he colored after they both listened to the story *Mama Do You Love Me,* set in Alaska. The event was in celebration of National Assisted Living Week.

About National Assisted Living Week:
NALW kicks off on Sunday, September 10, 2017 with Grandparents Day. If continues through Saturday, September 16, 2017. This year's theme, Family is Forever, was inspired by a Maya Angelou quote: "Family isn't always blood, it's the people in your life who want you in theirs: the ones who accept you for who you are, the ones who would do anything to see you smile and who love you no matter what." NALW was created by the National Center for Assisted Living (NCAL) in 1995 to recognize the role of assisted living in caring for America's seniors and individuals with disabilities. The annual observance inspires assisted living communities around the country to offer a variety of events and activities to celebrate the individuals they serve, as well as to help educate members of the public about this distinct aspect of long term care.

About Spring Hills Somerset Assisted Living:
The Spring Hills Somerset Assisted Living Community provides premier assisted living and memory care with the finest amenities in the New Brunswick/Somerset County area and is located at 473 Demott Lane in Somerset, NJ 08873. For additional information visit www.springhillssomerset.com or call 732-733-6976.

About Spring Hills Senior Communities & Memory Care Communities:
All Spring Hills Senior Communities' Home Care Services, Assisted Living Communities and Poet's Walk Memory Care Communities offer a distinctive and innovative approach to home care services, assisted

living, and Alzheimer's care. Signature Touches is the company's holistic approach to offering individualized care and services that are designed to meet the needs and preferences of residents and clients. Personal choice is top priority in one of the company's eight Spring Hills assisted living communities or in client's homes with Spring Hills home care services located in NJ, VA, OH, FL and NV or in one of the company's Poet's Walk memory care communities located in VA and TX as well as soon-to-be NV, CO, FL, and IN. For more information about their Caring with a Commitment to Quality dedication to senior living, visit www.spring-hills.com or www.poetswalk-springhills.com.

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