

MEDIA ADVISORY

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4TH GRADERS JOIN SENIORS FOR SENIOR FITNESS DAY AT SPRING HILLS SOMERSET ASSISTED LIVING

When:

Thursday, January 26, 2017

9:30 a.m. to 11:30 a.m.

Where:

Spring Hills Somerset Assisted Living

473 Demott Lane

Somerset, NJ

What:

4th graders from MacAfee Road School will bring bowling, wheelchair races and more to the senior residents at Spring Hills Somerset Assisted Living. The Physical Education and Health teacher, Alyson Samarel, will help the 30 to 35 children lead the seniors in wheelchair races, bowling, floor hockey, parachute games, balloon volleyball, music fun, arts and crafts and table games. They will also enjoy pretzels and water together. This event is in honor of Spring Hills Somerset's Fitness Day as part of January's "Get Healthy Resolutions".

About Spring Hills Somerset Assisted Living:

The Spring Hills Somerset Luxury Assisted Living Community provides premier assisted living and memory care with the finest amenities in the New Brunswick/Somerset County area and is located at 473 Demott Lane in Somerset, NJ 08873. For additional information visit www.springhillssomerset.com or call 732-733-6976.

About Spring Hills Senior Communities:

All Spring Hills Senior Communities offer a distinctive and innovative approach to luxury senior living and Home Care Services. Signature Touches is the company's approach to offering services that are designed to meet the needs and preferences of residents and clients. Personal choice is top priority, which is exemplified by recreational programs led by professionals in one of the company's eight communities located in NJ, VA, OH and FL or in their own home. For more information about their commitment to senior living, including information on Spring Hills Home Care Services, visit www.spring-hills.com.

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