

PHOTO RELEASE

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4TH GRADERS JOINED SENIORS FOR SENIOR FITNESS DAY AT SPRING HILLS SOMERSET ASSISTED LIVING



Spring Hills Somerset Assisted Living resident Mary Mupo (101 years old) poses with MacAfee Road School student Emerina Hawkins and her Physical Education Teacher Alyson Samarel. Mary bowled many strikes!

Somerset, NJ (January 26, 2017) – 4th graders from MacAfee Road School brought bowling, wheelchair races and more to the senior residents at Spring Hills Somerset Assisted Living on Thursday morning, January 26, 2017. The Physical Education and Health teacher, Alyson Samarel, helped the 30 to 35 children lead the seniors in wheelchair races, bowling, floor hockey, parachute games, balloon volleyball, music fun, arts and crafts and table games. This event is in honor of Spring Hills Somerset's Fitness Day as part of January's "Get Healthy Resolutions". They also enjoyed pretzels and water together.

From students and seniors to care givers and teachers, everyone had a great time today. 101-year-old resident Mary Mupo bowled a lot of strikes when she bowled with student Emerina Hawkins. Some of the students shared their thoughts on the day. Lindsey Heyman, one of the students, said that she enjoys helping people. Christina Chiles said, "I love playing with the seniors." Student Jordan Biggins said, "Doris (Raynor, resident) was so nice and friendly and she gave me a hug." (These quotes and more are included with their photos on the dropbox link at the top of this page.)

About Spring Hills Somerset Assisted Living:

The Spring Hills Somerset Luxury Assisted Living Community provides premier assisted living and memory care with the finest amenities in the New Brunswick/Somerset County area and is located at 473 Demott Lane in Somerset, NJ 08873. For additional information visit www.springhillssomerset.com or call 732-733-6976.

About Spring Hills Senior Communities:

All Spring Hills Senior Communities offer a distinctive and innovative approach to luxury senior living and Home Care Services. Signature Touches is the company's approach to offering services that are designed to meet the needs and preferences of residents and clients. Personal choice is top priority, which is exemplified by recreational programs led by professionals in one of the company's eight communities located in NJ, VA, OH and FL or in their own home. For more information about their commitment to senior living, including information on Spring Hills Home Care Services, visit www.spring-hills.com.

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